

心理療法の文脈的モデル

THE CONTEXTUAL MODEL OF PSYCHOTHERAPY: SCIENTIFIC EVIDENCE AND IMPLICATIONS

What makes psychotherapy work? Which psychotherapy approach is the best? How to be a good psychotherapist? To explore these questions, this seminar introduces the contextual model of psychotherapy with a focus on its scientific evidence and implications for clinical services and training. The contextual model of psychotherapy differs from the medical model of psychotherapy in that it attributes psychotherapy efficacy to contextual or common factors within a variety of treatment modalities (e.g., therapeutic relationships) rather than modality-specific factors (e.g., dysfunctional beliefs). *講演言語:英語(資料、質疑応答通訳あり)

日時 2018年7月25日(水) 14:30~17:30

【場所】お茶の水女子大学 生活科学部本館 135号室

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